Summary of Therapy Research, Education and Reach Activity

December 2016 to December 2018

Background

Dr Clare Shaw, Consultant Dietitian, is the Research Lead for Therapy Services and oversees and supports research within the Therapies department. She is also working with the RM and ICR Biomedical Research Centre to implement the NIHR collaboration on Cancer and Nutrition. Within Therapies there are an AHP researcher and part time Data Manager managing the AHP research portfolio. The research portfolio is an integral part of the Applied Health Research Strategy led by Professor Theresa Wiseman and research carried out is in line with the four key principles of this strategy and contributes to the Biomedical Research Centre and National Institute of Health Research agenda.

Research includes collaborations with nursing, medical and surgical colleagues as well as with academics and clinicians around the world. There is a strong culture of evidence-based practice throughout the Department and discussion of research and service evaluation at Rehabilitation Forums, Therapy Strategy meetings and in individual department meetings. Monthly research meetings are held to monitor progress of research studies ensure good clinical research governance and to develop the research capacity within the department by active discussion developing early stage projects. The strong support provided by the team of researchers enables studies to be completed, analysed and submitted to peer reviewed journals for publication.

We seek to maximise the impact of our work for the benefit of our patients and colleagues with an oncology caseload by using the most effective and cost effective means. In 2018 we launched @RM_CancerRehab on the Twitter platform with support from RM Digital Team to promote our work and individual specialties. It is moderated by a core team with each therapy team covering a weekday. There is a monthly reach of around 50K impressions with a broad following including other AHP teams, cancer charities and international national research groups and governmental bodies. In this digital expansion to broaden the reach of evidence based practice, other digital platforms have been used. There have been...
collaborative Webinars featuring Dr Shaw with a reach of 70K views, and podcasts in collaborations with cancer charities and @royalmarsdenNHS Twitter and Instagram Stories account takeovers are planned in the near future by the Dietetics and Physiotherapy Teams.

Our Rehabilitation Therapies Research Team contributes to the Trustwide Research Training Strategy with representation and contribution to the development and delivery of the Research Matters programme, representation on the RM/ICR Patient and Carer Research Review Panel and the joint BRC/CRN/ICR/RM PPI research group. We contribute to the bi-annual Academic Health Science Network meetings hosted by Clinical Academic Training Office at Imperial College.

Current Research Studies 2018

<table>
<thead>
<tr>
<th>CCR number</th>
<th>Title</th>
<th>Researchers</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>CCR4218</td>
<td>Art Therapy for Chronic Pain</td>
<td>S. Chilvers (Lead), Dr C. Shaw (PI) M. Potworowska, R. Tigue, C. Sandsund</td>
<td>Open to recruitment</td>
</tr>
<tr>
<td></td>
<td>Co-designing interventions to support the maintenance of body composition with people with thoracic cancers.</td>
<td>C. Sandsund, Dr. Wagland, Dr Donnovan-Hall, Dr S. Popat, Dr C. Shaw</td>
<td>In preparation for submission to Southampton University for review 4 Feb 2019</td>
</tr>
<tr>
<td>CCR5040</td>
<td>Secondary prevention (lifestyle) of colorectal cancer</td>
<td>V. Aubrey, Dr C. Shaw</td>
<td>In the process of gaining approvals</td>
</tr>
<tr>
<td></td>
<td>The effect of SACT on the measurement of body composition with people with thoracic cancers using Bioelectrical Impedance Analysis</td>
<td>C. Sandsund, Statistician, Dr S. Popat, Dr C. Shaw</td>
<td>In preparation for submission</td>
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</tbody>
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## Current Service Evaluation Projects 2018

<table>
<thead>
<tr>
<th>Service Evaluation</th>
<th>Title</th>
<th>Researchers</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>SE582</td>
<td>To evaluate an on-treatment dietetic service to GI patients</td>
<td>L. Eldridge, J. Newman, O. Smith, Dr. C. Shaw</td>
<td>Completed</td>
</tr>
<tr>
<td>SE648</td>
<td>Experience based co-design Project: Preparation for treatment in head and neck cancer.</td>
<td>G. Brady and Dr J. Roe with Point of Care Foundation</td>
<td>In the co-design phase</td>
</tr>
<tr>
<td>SE685</td>
<td>Mapping and Evaluating the Royal Marsden’s Recovery Package provision for people living with and beyond cancer through Health and Wellbeing Events</td>
<td>B. Hartley, N. Doyle, S. Cowan-Dickie, S. Stanway, Weeks R.</td>
<td>Completed, in write up stage</td>
</tr>
<tr>
<td>SE695</td>
<td>Experience based co-design (EBCD) Project: Preparation for non-surgical treatment for people with GI cancer.</td>
<td>N. Harris, C. Sandsund, C. Shaw</td>
<td>In the co-design phase</td>
</tr>
<tr>
<td>SE710</td>
<td>Using an EBCD approach to develop physical activity information with people treated for breast cancer and their HCPs</td>
<td>S. Cowan-Dickie, C. Sandsund, R. Tigue, C. Moore</td>
<td>In the co-design phase</td>
</tr>
<tr>
<td>SE745</td>
<td>Implementation of a rehabilitation intervention for teenagers and young adults (14-24) undergoing stem cell transplant.</td>
<td>C. Reid, E. Thisslethwaite, I. Johnson, C. Shaw</td>
<td>Approvals gained, potential funding sources being explored</td>
</tr>
<tr>
<td>SE752</td>
<td>Evaluation of functional outcomes following treatment for head and neck cancer</td>
<td>G. Brady, Dr J. Roe</td>
<td>Data collection in progress</td>
</tr>
</tbody>
</table>
# Current Collaborative Research/ Service Evaluation/ Quality Improvement Studies

<table>
<thead>
<tr>
<th>Project</th>
<th>Therapist and role(s)</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Improving quality of life and swallowing function in patients with head and neck cancer: Development and feasibility of a Swallowing Intervention Package (SIP) (CSO number CZH_4_1052)</td>
<td>Dr J. Roe (external consultant/ collaborator) Prof M. Wells, University of Stirling (PI)</td>
<td>Closed. In write up.</td>
</tr>
<tr>
<td>DARS: a phase III randomised multicentre study of dysphagia optimised intensity modulated radiotherapy (Do-IMRT) versus standard intensity modulated radiotherapy (s-IMRT) in head and neck cancer. (C8996/A17425)</td>
<td>Dr J. Roe (co-investigator/ SLT Lead), Prof C. Nutting (PI)</td>
<td>Closed to recruitment. In follow up.</td>
</tr>
<tr>
<td>What is the effect of an aromatherapy intervention on sleep in the ICU? An exploratory study. CCR4308</td>
<td>Dr N. Pattison (Lead and PI), Dr C. Shaw (EPI), G. O’Gara, J. Dyer (retired lead)</td>
<td>Closed to recruitment</td>
</tr>
<tr>
<td>PentoxIfyline and Tocopherol for the treatment of post radiotherapy fibrosis in head and neck cancer Patients: a feasibility study (PIT-STOP) RfPB PB-PG-1215-20002</td>
<td>Dr J. Roe (Co-applicant), Prof S. Fedele, UCL (PI)</td>
<td>Opening March 2019</td>
</tr>
<tr>
<td>TORPEdO - A phase III trial of intensity-modulated proton beam therapy (IMPT) versus intensity-modulated radiotherapy (IMRT) for multi-toxicity reduction in HPV-related oropharyngeal cancer</td>
<td>Dr J. Roe Protocol Development Group and Trial Management group Member</td>
<td>In set up</td>
</tr>
<tr>
<td>PATHOS Trial Post-operative adjuvant treatment for Human Papilloma Virus (HPV) positive tumours (CRUK/13/025)</td>
<td>Dr J. Roe Independent Data Monitoring Committee P.I. Dr M. Evans, Velindre Hospital</td>
<td>Recruiting</td>
</tr>
<tr>
<td>Topic</td>
<td>Investigator(s)</td>
<td>Status</td>
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<tr>
<td>A systematic review and content comparison of tools used to assess swallowing in head and neck cancer based on the International Classification of Functioning, Disability and Health (ICF)</td>
<td>Dr J. Roe (co-investigator)</td>
<td>Presented at Speech Pathology Australia; Paper in submission</td>
</tr>
<tr>
<td>A randomised controlled trial of the clinical and cost effectiveness of low-level laser in the management of oral mucositis in head and neck cancer irradiation (REC REF:17/WM/0096)</td>
<td>Dr J. Roe Trial Steering Committee P.I. Mr. Michael Nugent</td>
<td>Recruiting</td>
</tr>
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Publications

Members of the Therapy Department are actively involved in the publication of peer-reviewed papers, review articles and book chapters, many of which are highly regarded and cited in the literature. They are also contributors to chapters in the high-profile Royal Marsden Manual of Clinical Procedures and Royal Marsden Manual of Cancer Nursing Procedures. Many of the publications include collaborations with nursing, medical, and surgical colleagues at the Royal Marsden and other centres, including international partnerships with clinical and academic colleagues. The following is a list of outputs from 2016-2018:


- **Ashforth, K.A., Doughty, C and Roe, J.W.G.** (2019) From the source - an audit to review the feasibility of collecting head and neck outcome measures, across speech and language therapy (SLT) departments in the London Cancer Alliance (LCA) RCSLT Bulletin January p. 22-23


- Husson, O., Younger, E., Dunlop, A., Dean, L., Strauss, DC., Benson, C., Hayes, AJ., Miah, M., van Houdt, W., Zaidi, S., Smith, M., Williams, J., Jones, RL. And van der Graaf, WTA. (2018) Desmoid fibromatosis through the patients’ eyes: time to change the focus and organisation of care? Supportive Care in Cancer. Online August 2018 https://doi.org/10.1007/s00520-018-4386-8 pp. 1 – 16
(Do-IMRT) versus standard intensity modulated radiotherapy (S-IMRT) in head and neck cancers BMC Cancer 16:770


- **Roe, J.W.G.** and George, R. (2016) When a little may be just enough? Caring for patients with swallowing difficulties and their caregivers at the end of life Perspectives of the ASHA Special Interest Groups - Swallowing and Swallowing Disorders SIG 13 1(1):89-93


- Timbergen, M.J.M., MD; van der Graaf, W.T.A., Grünhagen, D.J., Younger, E., Sleijfer, S., Dunlop, A., **Dean, L.**, Verhoef C., ; van de Poll-Franse, L.V., Husson, O. Health-related quality of life issues of patients affected by desmoid-type fibromatosis; experiences from two countries (Submitted to Quality of Life Research)


Manuscripts in preparation/ under review


- **Eldridge, L.,** Palliative care. Chapter in Manual of Dietetic Practice Ed. J Gandy Manuscript Submitted

- **Eldridge, L. and Shaw, C.** Cancer in Oxford Handbook of Nutrition and Dietetics Manuscript submitted


- **Pessoa Silver D.M., Cooper, J.** Occupational Therapy in Palliative Care, 6th Ed, The Oxford Textbook of Palliative Medicine.

- **Reid C., Richardson J., and Shaw C.** Health-related physical fitness of teenagers and young adults during chemotherapy treatment. An exploratory study - manuscript written awaiting submission for publication.


- **Ruddell, S., Sandsund, C.,** Thomas, K., Woods, M. “Do women who receive advice to reduce the risk of developing lymphoedema and wear compression garments following pelvic lymph node dissection develop lower limb swelling within the first 12 months following treatment?” Manuscript in preparation.


- **Sandsund, C., Caspar, S., Shaw, C., Roe J.W.G.** Video abstracts for impact in Applied Health Research. Ahead of publication.


Conference/ scientific meeting presentations

- Allwood, D, Staveacre, L, **Roe, J.W.G.** and Dobson, P. Co-design as part of quality improvement *Institute for Healthcare Improvement Quality and Safety Conference - London - April 2017*

- **Ashforth, K.A.**, Nutting, C.M., Clarke, P.M. and **Roe, J.W.G.** A national survey of voice services for patient treated for head and neck cancer in the UK *British Academic Conference for Otolaryngology, Manchester - July 2018*

- **Ashforth, KA, Roe JW**, Nutting CM, Clarke PC. National survey of voice services for head and neck cancer patients following head and neck cancer treatment. *Poster presentation NWL Research Symposium 2018*

- **Askins, L.** Late Effects of GI treatments. *South-West British Parenteral/ Enteral Nutrition Study Day, September 2017*


- **Brady, G.C.** and **Roe, J.W.G.** The use of experience-based co-design to improve pre-treatment services for patients with head and neck cancer *British Academic Conference for Otolaryngology, Manchester - July 2018*

- **Brady, G.C., Roe, J.W.G.** Boaz, A. **Shaw, C.** A prevalence study investigating the presence and impact of dysphagia on QOL in patients with advanced lung cancer United Kingdom Swallowing Research Group, Institute of Child Health, London, February 2018


- **Brady, G.C.** Experienced based co-design (EBCD) for service re-design in head and neck cancer. *NHS England National Living with and Beyond Cancer event, March 2018.*

- **Brady, G.C., Roe, J.W.G.** Boaz, A. **Shaw, C.** A prevalence study investigating the presence and impact of dysphagia on QOL in patients with advanced lung cancer *Dysphagia Research Society, Portland, Oregon, March 2017*

- **Cooper J.** Occupational Therapy in Palliative Care. *Association of Ireland Occupational Therapists, Dublin, February 2017*

- **Cooper J.** Health & Well Being Events workshop. *Association of Ireland Occupational Therapists, Dublin, February 2017*
- **Cooper, J.** Cognitive Rehabilitation relating to coping in everyday life. Cancer Rehabilitation Conference, Mumbai, April 2017
- **Cooper, J.** The management of breathlessness for patients with cancer. Cancer Rehabilitation Conference, Mumbai, April 2017
- **Cooper, J.** Incorporating upper limb treatment programmes into children’s play and development. Cancer Rehabilitation Conference, Mumbai, April 2017
- **Cooper, J.** How to promote rehabilitation in palliative care, still living a meaningful life. Cancer Rehabilitation Conference, Mumbai, April 2017
- **Cowan-Dickie, S.** Physical Activity. Living with and beyond Cancer Study Day for RMP, Nov 2018
- **Cowan-Dickie, S.** Does Physical Activity impact oncological outcomes? A review of the evidence, Gynae-oncology CNS study day, November 2018
- **Cowan-Dickie, S., Sandsund, C., Harris, N., Hunter, H., Adomah, S., Tigue, R., Mcleod, H., Moore, C., Corsini, L., Doyle, N.** “Not another leaflet please” the challenge to change the delivery of physical activity and interventions information to people treated for breast cancer using experienced-based co-design methodology. RM Shared Learning Event, Dec 2018
- **Davey, H. Woods, M.** ‘Prescribing compression garments – a view from the other side’ British Lymphology Society Conference 2017
- **Day, R. Woods, M.** ‘Can a Velcro compression wrap offer an effective alternative to compression bandaging for breast cancer related lymphoedema? A case study’ British Lymphology Society Conference 2017
- **Dewhurst, S., Tigue, R., Sandsund, C., Mein, G., Shaw, C.** An exploration of the factors which influence people's ability to maintain their physical activity levels during
chemotherapy treatment for soft tissue sarcoma. Physio UK, The Chartered Society of Physiotherapy Annual Conference 2017

- **Dewhurst, S., Tigue, R., Sandsund, C., Mein, G., Shaw, C.** An exploration of the factors which influence people's ability to maintain their physical activity levels during chemotherapy treatment for soft tissue sarcoma. North West London Research Symposium, Imperial College London, September 2017

- **Dewhurst, S., Tigue, R., Sandsund, C., Mein, G., Shaw, C.** An exploration of the factors which influence people's ability to maintain their physical activity levels during chemotherapy treatment for soft tissue sarcoma. First #ExOnc Twitter Conference, Oct 2018

- Dobson, P., Smith, A. and **Roe, J.W.G.** Engaging with patients and staff to co-design and improve care quality United Kingdom Swallowing Research Group (Invited workshop), London - February 2018

- **Eldridge, L.** Nutrition and Palliative Care at Kings College University March 2017

- **Eldridge, L.** Nutrition and Palliative Care at Current Issues in Palliative Care conference April 2017

- **Eldridge, L.** Nutrition during treatment for cancer. House of Lords, October 2017

- **Eldridge, L.** Nutrition and Palliative Care at Kings College University March 2018

- **Eldridge, L.** Nutrition during Chemotherapy, VCoE Management of Gastric Cancer on 17th September 2018

- **Eldridge, L.** Nutrition & Immunotherapy. BDA Oncology Conference. October 2018

- **Eldridge, L.** PN at a specialist cancer centre. PN in advanced cancer, Calea study day. November 2018

- **Eldridge, L.** Dietary Support. Cancer & Physical Activity conference. December 2018

- **Eldridge, L.** The importance of Clinical Nutrition during Cancer Treatment Pathways. Fresenius Kabi study day. December 2018

- **Gauld, J. and Woods, M.** ‘Breast lymphoedema – are we missing it?’ British Lymphology Society Conference 2017


Leslie, P. and Roe, J.W.G. Whose “Quality”: Patients or Providers? Co-Designing Care Pathways to Improve the Quality of Healthcare American Speech Language Hearing Association Annual Convention (Education Session), Los Angeles, November 2017


Reid, C., Richardson, J., Shaw C. Health-related physical fitness of teenagers and young adults during chemotherapy treatment. An exploratory Study. 1st International Conference on Physical Therapy in Oncology, Copenhagen, June 2018


Roe, J.W.G. Laryngeal function following head and neck cancer treatment (Keynote address) European Head and Neck Cancer Course, Birmingham, October 2018


Roe, J.W.G. Late radiation associated dysphagia and airway stenosis (invited presentation) Congress of the European Laryngological Society, London, May 2018

Roe, J.W.G. Dysphagia in head and neck cancer – challenges and opportunities, Foundation for Head and Neck Oncology Conference, Mumbai, India, September 2017

Roe, J.W.G. Pre-treatment evaluation of the head and neck cancer patient – establishing a standard Foundation for Head and Neck Oncology Conference, Mumbai, India, September 2017
- Roe, J.W.G. Optimising swallowing outcomes following chemoradiation for head and neck cancer Foundation for Head and Neck Oncology Conference, Mumbai, India, September 2017
- Roe, J.W.G. Late treatment effects – longer term care of the head and neck cancer patient Foundation for Head and Neck Oncology Conference, Mumbai, India, September 2017
- Roe, J.W.G. Dysphagia following total laryngectomy – working in partnership to improve outcomes Foundation for Head and Neck Oncology Conference, Mumbai, India, September 2017
- Roe, J.W.G. Patients as partners – improving the quality of care Foundation for Head and Neck Oncology Conference, Mumbai, India, September 2017
- Roe, J.W.G., Sandsund, C.A., Popat, S., Wiseman, T. and Shaw, C. Rehabilitation needs for people with advanced lung cancer – the patients’ perspective Multinational Association of Supportive Care in Cancer Conference, Washington D.C., June 2017
- Roe, J.W.G., Sandsund, C.A., Popat, S., Wiseman, T. and Shaw, C. Rehabilitation needs for people with advanced lung cancer – the patients’ perspective University of Southampton, Faculty of Health Sciences and Medical Conference, June 2017
- Roe, J.W.G., Carding, P.N., Drinnan, M.J., Harrington, K.J. & Nutting, C.M. Patient-reported swallowing outcomes and related functions following intensity-modulated radiotherapy for head and neck cancer using the University of Washington Quality of Life Questionnaire v.04 British Association of Head and Neck Oncologists Scientific Meeting, London, May 2017
- Sandsund, C., Towers, R., Doyle, N., Thomas, K., Jordan, J., Tigue, R., Lalji, A., Gage, H., Shaw, C. Survivorship Care Plans for women following treatment for


Sandsund, C., Fernandes, A., Introducing HNA in gynaecology care - Impact on quality of life. Living with and beyond Cancer Study Day for RMP, Nov 2018

Shaw, C. Diet and Breast Cancer Breast Unit Academic Away Day for St Bartholomew’s Hospital, Whipps Cross Hospital, Newham Hospital and the Homerton Hospital March 2017

Shaw, C. European Federation of the Association of Dietitians Expert Specialist Dietetic Network Oncology. Lecture, facilitated discussion and ask the expert session at EFAD meeting, Rotterdam, September 2017

Shaw, C. Nutrition in Pancreatic Cancer, ESMO Satellite meeting, Madrid September 2017

Shaw, C. Complementary and alternative diets in cancer. Polish Association of Parenteral Food, Enteral and Metabolism (POLSPEN), Warsaw, June 2017

Shaw, C. Diet and late effects of cancer treatment, Symposium on GI late effects 23 March 2018

Shaw, C. Nutrition in cancer care invited speaker at Primary Care Conference, NEC Birmingham, May 2018

Shaw, C. Webinar on Sugar and Cancer for the British Dietetic Association Oncology Specialist Group, August 2018

Williams, L., Sandsund, C., Thomas, K., Harding, D., Shaw, C. Is there agreement between a standardised rehabilitation complexity scale and physiotherapist’s subjective assessment of rehabilitation complexity in the acute cancer population? A mixed methods approach. Physiotherapy Research Society, 2017

Williams, L., Sandsund, C., Thomas, K., Harding, D., Shaw, C. Is there agreement between a standardised rehabilitation complexity scale and physiotherapist’s subjective assessment of rehabilitation complexity in the acute cancer population?
mixed methods approach. North West London Research Symposium, Imperial College London, September 2017

- **Woods, M.**, Offering patients with newly developed lymphoedema an option for MLD treatment. British Lymphology Society Annual Conference, Staffordshire, Oct 2018

Academic awards

- RM Sponsored BSc Cancer Practice, G. Lioutou, Lymphoedema Therapist, from the Royal Marsden School and University of East Anglia (completed 2017)
- Masters in Clinical Research awarded to C. Reid by St George’s University, London (completed November 2017)

Academic studies

- RM Sponsored MSc Advanced Cardiorespiratory Physiotherapy, J. Whibley, Physiotherapist (started Sept 2015)
- RM Sponsored Part-Time MPhil/PhD studentship, C. Sandsund, AHP Researcher (started Sept 2014) supervised by Dr C. Shaw

Fellowships

- V. Aubrey RM Partners Research Fellowship, February 2018 supervised by Dr C. Shaw
- G. Brady. Health Education England Bridging Fellowship Award to complete a NIHR clinical doctoral fellowship application. Affiliated to St. George’s University London. October 2018-March 2019
- N. Harris RM Charity/Health Education England Sponsored Darzi Fellowship, supervised by Dr C. Shaw
- T. Longley Winston Churchill Fellowship Award
- K. Malhotra RM Charity/Health Education England Partially Sponsored Darzi Fellowship, Darzi Fellowships supported by a Lovell Foundation donation. Supervised by Dr C. Shaw and S. Cowan-Dickie
- C. Reid. Health Education England Bridging Fellowship Award to complete a NIHR clinical doctoral fellowship application. Affiliated to St. George’s University London. October 2018-March 2019. Supervised by Dr C. Shaw
- J. Whibley shared with L. Shovel NIHR CLARHC NWL Improvement Leader Fellowship sponsored by Dr N. Kasivivanathan
- Dr J. Roe Post-Doctoral Fellowship - Awarded by the Imperial Health Charity and NIHR Imperial Biomedical Research Centre - March 2018

PhD Supervision/Mentorship/Examiner

- Queen Margaret University, Edinburgh (External examiner) - Dr Justin Roe
- Trinity College Dublin (External examiner) - Dr Justin Roe
- University of Southampton (External examiner) - Dr Justin Roe
University of Queensland (External examiner) - Dr Justin Roe
Imperial College London (PhD Supervisor) – Dr Justin Roe
Imperial College London Mentor – Dr Justin Roe
NIHR mentor – Dr Clare Shaw

Awards

- **G. Brady** Second Prize - Best Poster - Awarded by the United Kingdom Swallowing Research Group, London - February 2018
- **G. Brady** awarded the Patricia McGregor Travel Fellowship Trust Award, NIHR/BRC/Royal Marsden Charity to attend the Dysphagia Research Society Meeting in Portland, Oregon
- **Cooper, J.** Royal Marsden NHS Lifetime achievement Award 2018
- **Cowan-Dickie, S., Sandsund, C., Harris, N., Hunter, H., Adomah, S., Tigue, R., McLeod, H., Moore, C., Corsini, L., Doyle, N.** First Prize – Best Poster “Not another leaflet please” the challenge to change the delivery of physical activity and interventions information to people treated for breast cancer using experienced-based co-design methodology. RM Exercise in Oncology Conference 2018
- **Department of Nutrition and Dietetics** awarded runner up in the Special Award Category of the British Medical Association Patient Information Awards 2016 for the Royal Marsden 'Eating Well when you have Cancer’ booklet
- **H. Davey, M. Woods.** Awarded best poster for ‘Prescribing compression garments – a view from the other side’ British Lymphology Society Conference 2017
- **S. Dewhurst** - Patricia McGregor Travel Fellowship Trust Award Royal Marsden/Institute of Cancer Research NIHR Biomedical Research Centre to attend the Physiotherapy UK Conference, Nov 2017
- **H. Hibbert** (2017) One of the top three posters at the European Association for Palliative Care 15th World Congress, Madrid. The Patient Experience of an OT Intervention for Fatigue in Advanced Cancer
- **Dr J. Roe** Awarded Fellowship of the Royal College of Speech and Language Therapists - October 2018
- **Dr J. Roe** Minor Grant - Awarded by the Royal College of Speech and Language Therapists - November 2017
- **Dr J. Roe** NIHR Research for Patient Benefit Funding £270,000 (co-applicant)
- **Dr J. Roe** - Patricia McGregor Travel Fellowship Trust Award by the Royal Marsden/Institute of Cancer Research NIHR Biomedical Research Centre to attend and present at the Multinational Association of Supportive Care in Cancer Conference, Washington D.C. – June 2017
- **C. Sandsund** - Patricia McGregor Travel Fellowship Trust Award Royal Marsden/Institute of Cancer Research NIHR Biomedical Research Centre to attend the European Cancer Conference, Amsterdam, Jan 2017
- **C. Sandsund** - Patricia McGregor Travel Fellowship Trust Award Royal Marsden/Institute of Cancer Research NIHR Biomedical Research Centre to attend the Physiotherapy UK Conference, Nov 2017
- **R. Tigue** – RM Trust ‘Above and Beyond Awards’, Nov 2018
- **M. Woods** Shortlisted for the Nursing Times Award of Nurse Leader of the Year 2017
Specialist Leadership Roles/ External Committee membership

Members of the Therapies team hold leadership roles and represent their national bodies on the following groups:

- Achieving World Class Cancer Outcomes - Strategic Workforce Review Group **Dr J. Roe**
- American Speech-Language-Hearing Association 2017 Convention Swallowing Program Committee **Dr J. Roe**
- Association of Chartered Physiotherapists in Oncology and Palliative Care (ACPOPC) Membership Secretary positions **L. Dean**
- NHS England End of life Care Programme
- British Academic Conference for Otolaryngology 2017 Academic Committee (SLT representative) **Dr J. Roe**
- British Association of Head and Neck Oncologists – Elected AHP Council Member **Dr. J Roe**
- British Dietetic Association (BDA) Oncology Group – Treasurer & palliative care lead **L. Eldridge**
- British Dietetic Association (BDA) Oncology Group – Chair (since January 2018) **L. Eldridge**
- British Dietetic Association (BDA) Oncology Group – Education and Research Lead **Dr C. Shaw**
- British Society of Prosthodontists Guideline Development Expert Reference Group (Speech and Language Therapy representative) for Predicting and Managing Oral and Dental Complications of Surgical and Non-Surgical Treatment for Head and Neck Cancer – Association of Consultants and Specialists in Restorative Dentists **Dr J. Roe**
- Cancer Research UK/ Macmillan strategic cancer workforce review **Dr J. Roe**
- College of Occupational Therapists HIV, Oncology and Palliative Care (HOPC) – Chair **J. Cooper**
- Department of Health - National Allied Health Professions (AHP) Clinical Expert Adviser **Dr J. Roe**
- European Commission Initiative on Breast Cancer (ECIBC)’ working with the ‘Quality Assurance Scheme Development Group (QASDG) Invited external expert **M. Woods**
- European Federation of the Association of Dietitians (EFAD), European Specialist Dietetic Network Oncology Lead **Dr C. Shaw**
- Head and Neck Cancer National Audit (HANA) – Speech and Language Therapy Lead **Dr J. Roe**
• Health Education England Specialist Leadership Workforce Planning meeting, **Dr C. Shaw**
• Honorary Lecturer, Department of Surgery and Cancer, Imperial College London **Dr J. Roe**
• Honorary lecturer at Kingston University Pharmacy and Speech and Language Therapy **S. Adams**
• Lymphoma Association – Bloodwise publications **J. Newman**
• Lymphoedema Community of Practice **M. Woods**
• Macmillan Expert Advisory Group **Dr C Shaw**
• Macmillan Information Reviewers **C. Shaw, L. Eldridge, Dr J. Roe, C. Sandsund**
• Macmillan Virtual Multidisciplinary Team (VMDT), expert member **M. Woods** and **Dr J. Roe**
• NCRI Clinical Study Group - Teenagers and young adults & germ cell tumour. September 2018 for 3 years **C. Reid**
• NHS England – Service delivery models to improve access to a Cancer Nurse Specialist or Allocated Key Worker **Dr J. Roe**
• NHS England/ Macmillan Cancer Care - Current and future cancer workforce, to inform the long term plan for the NHS **K. Ashforth, L. Eldridge and Dr J. Roe**
• National Institute Clinical Excellence (NICE) - Expert Advisor **Dr J. Roe**
• NICE Interventional Procedures Programme **Dr J. Roe**
• Newcastle University - Visiting Lecturer, MSc in Clinical Science, **Dr J. Roe**
• NIHR Cancer and Nutrition Collaboration Infrastructure collaboration, Steering Committee, **Dr C Shaw**. Professionals work stream and research priorities work stream **Dr C. Shaw, L. Eldridge and Dr J. Roe**
• Pan London Upper GI group **S. Adams**
• Prehabilitation (The FACT project) stakeholder event **L. Eldridge and Dr J. Roe**
• Royal College of Speech and Language Therapists (RCSLT) Clinical Excellence Network for Head and Neck Cancer – Chair G. Brady (Current) **Dr J. Roe (2014-2018)**
• Royal Marsden Partners Royal College of Speech and Language Therapists – Specialist Clinical Advisors in head and neck cancer **K. Ashforth and Dr J. Roe** and specialist palliative care **Dr J. Roe**
• Tata Memorial Hospital, Mumbai, Speech and Language Therapy/ Department of Head and Neck Surgery – Visiting Faculty **Dr J. Roe**
• Transforming Cancer Services Team for London - Cancer Rehabilitation **K. Ashforth, S. Cowan-Dickie**
• United Kingdom Swallowing Research Group – Scientific Committee **Dr J. Roe**
Specialist External teaching

- Session in the Diploma in Altered Airways Webinar, Rila Institute, London S. Adams
- Research training teaching session for NIHR/ BRC C. Sandsund
- Fibroptic Endoscopic Evaluation of Swallowing (FEES) – principles and practice (Full study day delivered) East Sussex Healthcare NHS Trust, Bexhill, December 2018 Dr J. Roe
- Changing paradigms to improve outcomes following treatment for head and neck cancer (Half day course delivered) Head and Neck Cancer Speech and Language Therapists Study Day, Dublin, May 2018 Dr J. Roe
- Dysphagia in head and neck cancer (One day pre-conference course delivered) Foundation for Head and Neck Oncology Conference, Mumbai, India - September 2017 Dr J. Roe
- Optimal patterns of care for people diagnosed with head and neck cancer (One day pre-conference course) Can-Rehab 2019, Tata Memorial Hospital, Mumbai, India – January 2019 Dr J. Roe
- Protocols and scoring the Modified Barium Swallow (Short course) Foundation for Head and Neck Oncology Conference, Mumbai, India Foundation for Head and Neck Oncology Conference, Mumbai, India - September 2017 Dr J. Roe
- Fibroptic Endoscopic Evaluation of Swallowing – Protocols and scoring (Short course) Foundation for Head and Neck Oncology Conference, Mumbai, India, September 2017 Dr J. Roe
- Head and Neck Cancer Study Day (One day course delivered) South Wales Head and Neck Cancer Speech and Language Therapy Network, Cardiff, July 2017 Dr J. Roe

RM Partners Accountable Cancer Network (formerly the London Cancer Alliance)

In August 2016, two members of the Therapies team took up key positions within the RM Partners Accountable Cancer Network. Dr Justin Roe is a board member for the RM Partners Clinical Oversight Group and Kate Jones was nominated to be the AHP lead for the Survivorship Pathway Group. As well as chairing speciality specific professional groups, members of the Therapies Department act as core AHP representatives and extended members of the following Pathway Groups:

- AHP Central Nervous System Sub Group L. Williams
- Brain and CNS Sub Group G. Brady
- Breast pathway group K. Jones, H. McLeod
- Complementary Therapy Sub Group J. Dyer
- Clinical Oversight Group – Board Member Dr J. Roe
- Haematology group **W. Hurst**
- Head and Neck pathway group **G. Brady, N. Harris**
- Living with and Beyond Cancer Pathway Group **S. Cowan-Dickie**
- Lymphoedema Sub Group
- Metastatic Spinal Cord Compression Sub Group **L. Williams, N. Murtagh**
- Rehabilitation Community of Practice Multiple representatives
- RM Partners AHP Group Multiple representatives **coordinator Dr J. Roe**
- Sarcoma pathway group **S. Dewhurst, L. Dean**

**Representation on RM committees/events/publications**

- Clinical Audit Committee
- Clinical Guidelines Committee
- Dementia Action Group
- End PJ Paralysis
- Enteral Feeding Committee
- Falls Committee
- Food and Drink Committee
- Health and well-being events
- Joint Panel for Patient Public Involvement in Research
- Manual handling link workers
- Marsden Manual – representatives from all Therapy Departments
- Multi-Professional Clinical Practice Forum
- NRRAC
- Parenteral Nutrition Committee
- Patient Experience Strategic Group
- Patients and Carers Panel for Research Review
- Stop the Pressure - Pressure Ulcer Prevention Group
- Trust Discharge Meeting
- Sage and Thyme Tutors

**Teaching at RM School/Conference Centre – the Senior Therapies Staff teach on these modules**

- Associate Lecturer **M. Woods**
- Acute Cancer Care **C. Lane.**
- BSc/MSc in Head And Neck Cancer/Advanced Clinical Practice
- Breast Module **M. Woods,, R. Liontou, S. Cowan-Dickie, Helen MacLeod**
- Cancer as a Long-Term Condition **N. Harris, S. Cowan-Dickie, C. Sandsund**
- Care of Patients with Tracheostomies
- Cavendish Care Certificate
- Chemotherapy in Cancer Care **O. Smith**
- Clinical Oncology Trainees Study Programme
- CNS & AHP development course **C. Sandsund**
- Communication in Cancer Care
- Dementia and Delirium **J. Cooper, E. Symmonds-Loyd**
- Falls and Delirium **E. Symmonds-Loyd**
- Foundations for Speech and Language Therapists Working in Oncology (2017 and 2018)  
  - The Speech and Language Therapy Team
- FG-MLD – **M. Woods**
- Gastrointestinal Consequences of Treatment
- Integrated Induction
- Living with and Beyond Cancer **S. Cowan-Dickie**
- Lymphoedema Module **M. Woods**
- Lung Cancer **C. Sandsund, L. Eldridge**
- Lymphoedema: Principles in Practice (Module Lead) **M. Woods**
- Nurses New to Cancer
- Physical Activity and Exercise – How Do We Support Our Patients?
- Physiotherapy Following Breast Cancer
- Practice Nurses Course **M. Woods, R. Liontou**
- Pressure Ulcer Prevention
- Principals of Breast Cancer Care **M. Woods**
- Principals of Haemato-Oncology Care **M. Woods**
- Principles of Gynaecological Cancer Care **M. Woods**
- Prostate Cancer UK **M. Woods**
- Raising Healthcare Standards through Research & Innovation **C. Sandsund**
- Royal Marsden Nutrition and Dietetics Study Days
- Royal Marsden Head and Neck Cancer Study Days **M. Woods**
- Royal Marsden Mucositis UKOMIC Study Day
- Royal Marsden Hot Topics in Exercise **K. Malhotra, S. Cowan-Dickie, C. Sandsund**
- Science of exercise
- Stem Cell Transplants
- Wound Care Study Day