Royal Marsden Testicular and Bladder Cancer Meeting – Improving Outcomes with Multidisciplinary Care

Friday 5th October 2018
The Royal Marsden Conference Centre, Stewart’s Grove, London SW3 6JJ
www.royalmarsden.nhs.uk/bladdertesticular

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CPD accreditation applied for from the Royal College of Physicians
**Introduction**

Dear Colleagues

It is with pleasure that we invite you to participate in a very exciting Testicular and Bladder Cancer meeting. The Urological Oncology Educational Day is an annual event with this meeting alternating with Prostate and Renal Cancers which will next be held in October 2019.

Testicular cancer is a disease largely restricted to young adult men whereas bladder cancer affects both sexes at a much later stage in life. Despite their differences they are both previously lethal diseases now characterised by successful outcomes associated with multimodality care combining surgery, chemotherapy and radiotherapy for locally advanced and metastatic disease as well as rigorous surveillance strategies for low stage tumours. In both diseases treatments may be associated with consequences that may impact on quality of life. These include functional and body image issues which may influence treatment decisions. Consequently management is underpinned by a multidisciplinary approach dealing with both effective treatment of the cancer as well as the side effects of treatment. Balancing these, at times, conflicting issues is thus one of the major challenges in caring for patients with these conditions. A specific challenge for clinicians is to ensure that radical therapies, usually requiring a combination of modalities, is appropriately provided to optimise outcome but balanced by the need to avoid overtreatment in selected patients who will experience unnecessary treatment related morbidity. Care is thus underpinned by not only multispeciality management but also tailoring options to individual patients to ensure that the best long term outcome both during and after completion of treatment.

This year we are privileged to have the opening key note address by Mr Suks Minhas who will provide an overview of testicular development and dysgenesis providing an understanding of intra-tubular germ cell neoplasia, crypto-orchidism and subfertility which are all associated with testicular cancer. The afternoon keynote lecture will give an overview of bladder cancer immunotherapy at this present time. As with previous meetings each lecture will be followed by interactive case discussions involving the faculty and audience to highlight treatment dilemmas confronting patients with both these diseases and the pivotal points to be considered in their immediate and long term care.

**The Organisers**

**Professor David Nicol**  
Consultant Urological Surgeon/Chief of Surgery  
The Royal Marsden NHS Foundation Trust

**Mr. Pardeep Kumar**  
Consultant Urological Surgeon  
The Royal Marsden NHS Foundation Trust

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**Conference Aim**

The aim of the study day will be to highlight the treatment options for patients with both testicular and bladder cancer. The objective will be to cover both early stage and advanced disease, including the side effects of treatments for advanced disease as well as strategies to identify and manage the subset of patients with early disease who at risk of disease progression.

**Topics to Include**

Topics covered will include historical perspective of these cancers and how their management has evolved to both improve survival and the consequences of treatment. Case based discussions with expert panels and audience interaction will be used to outline treatment strategies for individual patients with particular emphasis on the contributions of specialists required to achieve the best outcomes in both terms of quality of life and survival.

**Target Audience**

The talks and discussions will be targeted at a multidisciplinary audience, medical and nursing, trainee and specialist and that at the end of the day attendees will have an up to date understanding of the complex issues and current management strategies for both testicular and bladder cancer.
# Programme of Events

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| 09.20  | Welcome                                    | Chairman: Professor David Nicol  
Consultant Urological Surgeon/Chief of Surgery  
The Royal Marsden NHS Foundation Trust |
| 09.25  | Morning Session – Testicular Cancer        |                                                                                        |
| 09.25  | Introduction                               | Chairman: Professor David Nicol  
Consultant Urological Surgeon/Chief of Surgery  
The Royal Marsden NHS Foundation Trust |
| 09.30  | Key Note Address: Testicular dysgenesis – linkages between cancer, fertility and crypt-orchidism | Mr Suks Minhas  
Consultant Urologist,  
Imperial College Healthcare Trust |
| 10.00  | Case based discussions                     | Members of the Panel                                                                   |
| a.     | Case 1 – A 35 year old man with a history of cryptorchidism presents with a small testicular mass | Panel Chairman:  
Professor David Nicol  
Consultant Urological Surgeon/Chief of Surgery  
The Royal Marsden NHS Foundation Trust |
|        | Topics covered                             | Faculty:  
Mr Suks Minhas  
Consultant Urologist,  
Imperial College Healthcare Trust |
|        | • Diagnosis and assessment                 | Dr Alison Reid  
Consultant Medical Oncologist,  
The Royal Marsden NHS Foundation Trust |
|        | • Surveillance and adjuvant therapies      | Dr Aslam Sohaib  
Consultant Radiologist,  
The Royal Marsden NHS Foundation Trust |
|        | • Bilateral testicular tumours             | Mr David Hrouda  
Consultant Urological Surgeon,  
Imperial College Healthcare Trust |
|        | • Partial orchidectomy                     | Mr Erik Mayer  
Consultant Urologist,  
The Royal Marsden NHS Foundation Trust and Imperial College London |
|        | • Fertility problems and options           | Dr Anand Sharma  
Consultant Medical Oncologist,  
Mount Vernon Cancer Centre |
|        | • Hypogonadism                              | Dr Steve Hazell  
Consultant Uropathologist,  
The Royal Marsden NHS Foundation Trust |
| b.     | Case 2 – A 22 year old man is referred following orchidectomy with a CT demonstrating an enlarged retroperitoneal lymph node | Faculty:  
Mr Suks Minhas  
Consultant Urologist,  
Imperial College Healthcare Trust |
|        | Topics covered                             | Dr Alison Reid  
Consultant Medical Oncologist,  
The Royal Marsden NHS Foundation Trust |
|        | • Primary RPLND                             | Dr Aslam Sohaib  
Consultant Radiologist,  
The Royal Marsden NHS Foundation Trust |
|        | • Implications of chemotherapy             | Mr David Hrouda  
Consultant Urological Surgeon,  
Imperial College Healthcare Trust |
|        | • New imaging modalities and their role in staging and treatment | Mr Erik Mayer  
Consultant Urologist,  
The Royal Marsden NHS Foundation Trust and Imperial College London |
|        | • RPLND techniques and complications       | Dr Anand Sharma  
Consultant Medical Oncologist,  
Mount Vernon Cancer Centre |
|        | • Salvage therapies                        | Dr Steve Hazell  
Consultant Uropathologist,  
The Royal Marsden NHS Foundation Trust |
| 12.30  | Lunch and Exhibition                       |                                                                                        |
# Programme of Events

## Afternoon Session – Bladder Cancer

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| 13.30 | Introduction                                                            | Chairman: Mr. Pardeep Kumar  
Consultant Urological Surgeon,  
The Royal Marsden NHS Foundation Trust |
| 13.35 | **Key Note Address:** Immunotherapy for Urothelial Malignancy          | To be confirmed         
Medical Oncologist,  
The Royal Marsden NHS Foundation Trust |
| 14.05 | Case based discussions                                                 | Members of the Panel            
Panel Chairman:  
Mr. Pardeep Kumar  
Consultant Urological Surgeon  
The Royal Marsden NHS Foundation Trust |
|       | **Case 1 – A 50 year old woman with a history of recurrent UTI is diagnosed with bladder carcinoma *in situ*** | Faculty:  
Dr. Shaista Hafeez  
Clinical Research Fellow  
Academic Urology Unit  
The Royal Marsden NHS Foundation Trust  
The Institute of Cancer Research |
|       | Topics covered                                                          |  
- Diagnosis and assessment  
- Intravesical therapies  
- Methods of dealing with ‘treatment failure’  
- Minimally invasive vs. open exenteration  
- Sexual function post cystectomy |
| 14.35 | Tea Break                                                               | Mr Arun Sahai  
Consultant Urological Surgeon  
Guys Hospital NHS Foundation Trust |
| 14.55 | **Case 2 – A 65 year old man is diagnosed with G3pT1 TCC bladder.**     | Mr Ben Ayres  
Consultant Urological Surgeon  
St Georges Healthcare NHS Trust |
|       | Topics covered                                                          |  
- Re-resection and the role of random bladder biopsy  
- Role of chemotherapy  
- Radical radiotherpay  
- Radical surgery  
- Options for reconstruction |
|       | **Case 3 – A 74 year old man is diagnosed with recurrent bladder cancer post radiotherapy.** | Other Panellists to be confirmed |
|       | Topics covered                                                          |  
- Management of bladder symptoms post radiotherapy  
- Role of further intravesical therapy  
- Salvage options  
- Palliation for the inoperable patient |
| 16.30 | Closing Remarks                                                         | Chairman: Professor David Nicol  
Consultant Urological Surgeon/Chief Surgeon  
The Royal Marsden NHS Foundation Trust |
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