The 12th Royal Marsden 
Opioids, cannabinoids and 
gabapentinoids conference

Thursday 14th – Friday 15th November 2019
The Royal Marsden Education and Conference Centre, Stewart's Grove, London SW3 6JJ
www.royalmarsden.nhs.uk/12thpainconference
Dear Colleagues,

We have run the Royal Marsden Hospital Opioid Conference successfully for 11 years and continuously allowed it to change and adjust to the times, incorporating germane and contemporaneous developments in the field. This year we have adapted and evolved to incorporate other pivotal areas that have to be considered in any meaningful treatise of opioids. The new title, ‘Opioids, cannabinoids and gabapentinoids’, will ensure that we do not examine opioids in isolation but investigate two other major pharmacological treatment groups that some would consider to be potentially the most likely opioid alternatives. It is imperative that we examine these non-opioids so that we do not allow the demonisation of opioids to force us to embrace cannabinoids and gabapentinoids as the saviours of analgesia before we have had a chance to forensically examine their benefit and possible harms.

We are blessed again to have Dr Hance Clark from Toronto, this year talking to us twice, including giving us insight into the Canadian experience of cannabinoids for pain. We also welcome two European speakers (who hopefully will be able to enter the country if Brexit ever happens). Dr Dupoiron’s expertise and experience in spinal opioids is unsurpassed and Dr Fletcher comprehensive knowledge of gabapentinoids is renowned. We also have our star returning speakers, back by popular demand.

The conference will not only examine the good, the bad and the ugly facts about these ‘-oid’ agents but also give some empirical framework to educate us on the practicalities of ‘Opioids, cannabinoids and gabapentinoids’.

Kind regards,

Dr. Paul Farquhar-Smith
Consultant in Pain Management, Anaesthetics, and Intensive Care Medicine, The Royal Marsden NHS Foundation Trust
## Programme of Events

### Day 1 – Issues

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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tr>
<td>09:15 – 09:30</td>
<td>Introduction</td>
<td>Dr Paul Farquhar-Smith, Consultant in Anaesthesia, Pain Medicine and Critical Care, The Royal Marsden NHS Foundation Trust</td>
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<tr>
<td>09:30 – 10:15</td>
<td>Neurobiology of addiction</td>
<td>Prof Tim Hales, Head of Neuroscience, University of Dundee, Scotland</td>
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<tr>
<td>10:15 – 11:00</td>
<td>The causes of the opioid crisis</td>
<td>Dr John Williams, Consultant in Pain Medicine, The Royal Marsden NHS Foundation Trust</td>
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<tr>
<td>11:00 – 11:30</td>
<td>Coffee</td>
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<tr>
<td>11:30 – 12:00</td>
<td>What are the issues of Opioids and gabapentinoids in primary care?</td>
<td>Dr Martin Johnson</td>
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<tr>
<td>12:00 – 12:30</td>
<td>Gabapentinoids and prevention of persistent postsurgical pain</td>
<td>Dr Dominique Fletcher, Professor in Anaesthesiology, head of department of anesthesiology Ambroise Paré Hospital, Assistance Publique Hôpitaux de Paris</td>
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<tr>
<td>12:30 – 13:30</td>
<td>Lunch</td>
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<tr>
<td>13:30 – 14:15</td>
<td>Transitional pain clinics – a solution to the problem</td>
<td>Dr Hance Clarke, Staff Anesthesiologist, Director of the Transitional Pain Program, Medical Director Pain Research Unit, Toronto General Hospital Assistant Professor, University of Toronto, Canada</td>
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<tr>
<td>14:15 – 15:00</td>
<td>Opioids in non cancer pain</td>
<td>Dr Cathy Stannard, Consultant in Complex Pain/Pain Transformation Programme Clinical Lead, NHS Gloucestershire CCG, Brockworth, Gloucester</td>
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<tr>
<td>15:00 – 15:30</td>
<td>Coffee</td>
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<tr>
<td>15:30 – 16:00</td>
<td>Opioids in Developing Countries, lessons for the West</td>
<td>Dr Clare Roques, Consultant in Anaesthesia and Pain Management, Wexham Park Hospital, Slough</td>
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<tr>
<td>16:00 – 16:30</td>
<td>Genetics of Chronic Pain</td>
<td>Professor Frances Williams, Professor of Genomic Epidemiology, Kings College, London</td>
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<td>16:30 – 17:00</td>
<td>Closing remarks and close</td>
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### Day 2 – Solutions?

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<tr>
<td>09:30 – 10:15</td>
<td>Neurobiology of Endogenous Analgesia and how it can be hacked</td>
<td>Professor Tony Pickering, Professor of Neuroscience and Anaesthesia, University of Bristol</td>
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<tr>
<td>10:15 – 11:00</td>
<td>Cannabinoids for neuropathic pain: what is the evidence for benefit and harm</td>
<td>Professor Andrew Rice, Professor of Pain Research, Imperial College London</td>
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<td>11:00 – 11:30</td>
<td>Coffee</td>
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<tr>
<td>11:30 – 12:00</td>
<td>Cannabinoids for non-cancer pain</td>
<td>Dr Matthew Brown, Consultant in Pain Medicine and Anaesthetics, The Royal Marsden NHS Foundation Trust</td>
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<tr>
<td>12:00 – 12:30</td>
<td>Neuraxial opioids – ‘smart opioids’?</td>
<td>Dr Denis Dupoiron, Anesthesia and Pain Department, Institut de Cancérologie de l’ouest-Paul Papin, Angers, France</td>
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<tr>
<td>12:30 – 13:30</td>
<td>Lunch</td>
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<tr>
<td>13:30 – 14:15</td>
<td>Cannabinoids, the Canadian experience</td>
<td>Dr Hance Clarke</td>
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<td>14:15 – 15:00</td>
<td>How to taper opioids in chronic pain</td>
<td>Dr H Sandhu</td>
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<td>15:30 – 16:00</td>
<td>Cannabinoids and gabapentinoids in cancer pain</td>
<td>Dr Paul Farquhar-Smith, Consultant in Anaesthesia, Pain Medicine and Critical Care, The Royal Marsden NHS Foundation Trust</td>
</tr>
<tr>
<td>16:00 – 16:30</td>
<td>Post operative pain in opioids addicts</td>
<td>Dr Jane Quinlan, Consultant in Anaesthesia and Pain Management, Oxford University Hospitals NHS Foundation Trust</td>
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2 Days  £350 Full Delegate
        £250 Trainees and CNSs
1 Day   £200 Full Delegate
        £150 Trainees and CNSs

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